

Mather Virtual Programs, December 2024

Monday	Tuesday	Wednesday	Thursday	Friday/Saturday
2 10:00 Introduction to Watercolors, Part 2	3 10:30 Yoga for All	4 10:00 Morning Poetry Circle 11:00 Creative Mindfulness	5 11:00 Candoo Digital Literacy	6/7 Friday, 12:00 Open Studio
1:00 Art Journaling 2:00 Better Balance 5:30 Creative Mindfulness	2:00 Poetry & the Art of Giving Attention	2:00 Gather in the Gallery 2:30 Self-Care Toolkit		
9 10:00 Introduction to Watercolors, Part 2	10 10:30 Yoga for All	11 10:00 Morning Poetry Circle 11:00 Creative Mindfulness	12 11:00 Candoo Digital Literacy	13/14 Friday, 12:00 Open Studio
1:00 Art Journaling 2:00 Better Balance 5:30 Creative Mindfulness	2:00 Poetry & the Art of Giving Attention	2:00 Gather in the Gallery 2:30 Self-Care Toolkit 3:00 Seasonal Aromatherapy	1:00 Dear Diary: Journaling for Creativity 2:00 Holding Light: Winter Art Making	
16	17 10:30 Yoga for All	18 10:00 Morning Poetry Circle 11:00 Creative Mindfulness	19 11:00 Candoo Digital Literacy	20/21 Friday, 12:00 Open Studio
1:00 Art Journaling 2:00 Better Balance 5:30 Creative Mindfulness	1:00 Dear Diary: Journaling for Creativity 2:00 Poetry & the Art of Giving Attention	2:00 Gather in the Gallery 2:30 Self-Care Toolkit	1:00 Dear Diary: Journaling for Creativity 2:00 Holding Light: Winter Art Making	
23	Find more information and register for all programs at mather.com/programs	No Programs Tuesday, December 24 - Friday, December 27 Join us for Art Journaling on Mondays December 23 and 30!		
1:00 Art Journaling		No Programs Tuesday, December 31 - Friday, January 3. See you in 2025!		
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1:00 Art Journaling				