



FOR IMMEDIATE RELEASE:

Mather Place Wins Beacon Award for 'Best in Wellness'

WILMETTE, IL. (February 9, 2021) Mather Place, an independent living rental community for those 62 and better, has won the 2020 ICAA NuStep Beacon Award. Only 25 senior living communities in North America received this prestigious award, and among them, Mather Place is the only winner in Illinois. The honor recognizes the community's success in fostering a wellness-centered environment for all who live and work there.

The Beacon Award was created as a joint effort between International Council on Active Aging (ICAA) and NuStep, LLC, a major manufacturer of recumbent cross-trainers used in healthcare, senior living and fitness.

“We’re very proud to be recognized by the ICAA for this very prestigious honor, especially as it relates to wellness for residents and employees,” said Katrina O’Neill, Mather Place’s Executive Director. “It is gratifying to be recognized for our wellness-based environment, programs, and services, which foster and encourage a dynamic community for those who live and work here.

Wellness is typically defined by seven key dimensions: emotional, physical, intellectual, social, spiritual, vocational and environmental. When each of these dimensions is equally nurtured and prioritized, it can enhance a sense of well-being among residents. It is this commitment and acknowledgement of how important wellness is for older adults that elevates resident health to new heights.

The ICAA is responsible for leading, connecting and defining the active-aging industry. CEO and founder Colin Milner says, “Senior living communities have long been aware of how important wellness is for the health and well-being of their residents, but in recent years, wellness has evolved from being a programming option to becoming a way of life.”

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As the older adult population continues to grow, and more individuals seek a better, longer life—where they choose to live is becoming increasingly important. How communities structure their wellness culture can have a significant effect on health and longevity. It's more than just practicing wellness; it's about having it permeate all aspects of life. As winners of the Beacon award, Mather Place is leading the way.

To view floor plans, download a brochure, and more, visit www.matherplacewilmette.com. Mather Place is offering in-person appointments using appropriate safety measures as well as virtual appointments.

ABOUT MATHER PLACE

Mather Place is a rental independent senior living residence for adults age 62 and better. It offers older adults a boutique living experience through a strong sense of community, reputation, and wide array of support services that allow for a worry-free lifestyle. It is part of Mather, a non-denominational not-for-profit organization founded 80 years ago.

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